

# September 2024 | Chinquapin Preparatory School



## Announcements:

Announcement text goes here.

Copy and paste the Texas icon as many times as you need to place on the days your menu features Texas products!



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Labor Day	<b>3</b> Mandarin Chicken Rice Broccoli Milk Fruit	<b>4</b> Beef tamales Beans Corn Milk Fruit	<b>5</b> Chicken Alfredo Broccoli & Rice Bread Milk Fruit	<b>6</b> Meatball sub Chips Milk Fruit
<b>9</b> Chicken Sandwich French fries Milk Fruit	<b>10</b> Carne guisada Rice Corn Milk Fruit	<b>11</b> Chicken Honey Sriracha Rice Green beans Milk Fruit	<b>12</b> Spaghetti with meat Broccoli Bread Fruit Milk	<b>13</b> Chicken Tenders Chips Milk Fruit
<b>16</b> Cheeseburger French fries Milk Fruit	<b>17</b> Chicken tenders Macaroni Corn Milk Fruit	<b>18</b> BBQ Ribs sandwich Potato salad Milk Fruit	<b>19</b> Crispy taco Rice Mixed vegetables Milk Fruit	<b>20</b> Hotdog Frito Pie Milk Fruit
<b>23</b> Orange Chicken Rice Green beans Milk Fruit	<b>24</b> Beef tostada Rice Corn Milk Fruit	<b>25</b> Roasted Chicken Baked potato Milk Fruit	<b>26</b> Beef fajita Tortilla Charro beans Milk Fruit	<b>27</b> Pepperoni Pizza Baby carrots Milk Fruit

**30**  
 Meat Lasagna  
 Broccoli  
 Garlic bread  
 Milk  
 Fruit



## Watermelon

Season in Texas: May - October  
 Did you know?

You can eat the entire watermelon; some people make sweet pickles out of the rind



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**



Food and Nutrition Division  
[www.SquareMeals.org](http://www.SquareMeals.org)

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 National School Lunch Program